



MKTC

Junior/Adult Coaching Programme Autumn 2024



Day	Group	Time	Age & Experience
Mon	Yellow Club 1	6-7pm	Aged 11-17 Beginner
Tues	U18 Development 1	6.30-8pm	Aged 11-17 Intermediate
Wed	Yellow Club 2	6-7pm	Aged 11-17 Beginner
	Adult Coaching 1	7-8pm	Beginner/Intermediate
Thurs	U18 Development 2	6.30-8pm	Aged 11-17 Intermediate
Fri	18U Academy	6.30-8pm	Invite Only
Sat	Yellow Club 3	9-10am	Aged 11-17 Beginner
	Yellow Club 4	10-11am	Aged 11-17 Beginner
	Yellow Club 5	12-1pm	Aged 11-17 Beginner
	Adult Coaching 2	1-2pm	Beginner/Intermediate

Bookings: www.drhsports.co.uk
 Info: mktccoaching@drhsports.co.uk

Autumn 2024 – 15 weeks
Dates: Sept 2nd – Dec 21st

